

# ADD Screening

## ADD Rating Scale

- 61 questions answered by the adult patient recalling his or her childhood behavior
- 5 possible responses scored from 0 to 4 points

|    | <b>As a child I was (or had):</b>   | not at all<br>or very<br>slightly | mildly | moder-<br>ately | quite<br>a bit | very<br>much |
|----|---|-----------------------------------|--------|-----------------|----------------|--------------|
| 1  | active restless always on the go  | 0                                 | 1      | 2               | 3              | 4            |
| 2  | afraid of things  | 0                                 | 1      | 2               | 3              | 4            |
| 3  | concentration problems<br>easily distracted   | 0                                 | 1      | 2               | 3              | 4            |
| 4  | anxious worrying  | 0                                 | 1      | 2               | 3              | 4            |
| 5  | nervous fidgety   | 0                                 | 1      | 2               | 3              | 4            |
| 6  | inattentive daydreaming   | 0                                 | 1      | 2               | 3              | 4            |
| 7  | hot- or short-tempered low<br>boiling point   | 0                                 | 1      | 2               | 3              | 4            |
| 8  | shy sensitive   | 0                                 | 1      | 2               | 3              | 4            |
| 9  | temper outbursts tantrums   | 0                                 | 1      | 2               | 3              | 4            |
| 10 | trouble with stick-to-it-<br>tiveness not following<br>through. failing to finish<br>things started | 0                                 | 1      | 2               | 3              | 4            |
| 11 | stubborn strong-willed  | 0                                 | 1      | 2               | 3              | 4            |
| 12 | sad or blue depressed<br>unhappy  | 0                                 | 1      | 2               | 3              | 4            |
| 13 | incautious. dare-devilish<br>involved in pranks   | 0                                 | 1      | 2               | 3              | 4            |
| 14 | not getting a kick out of<br>things dissatisfied with life  | 0                                 | 1      | 2               | 3              | 4            |
| 15 | disobedient with parents<br>rebellious sassy  | 0                                 | 1      | 2               | 3              | 4            |
| 16 | low opinion of myself   | 0                                 | 1      | 2               | 3              | 4            |
| 17 | irritable   | 0                                 | 1      | 2               | 3              | 4            |

|    |  | not at all<br>or very<br>slightly | mildly | moder-<br>ately | quite<br>a bit | very<br>much |
|----|--|-----------------------------------|--------|-----------------|----------------|--------------|
| 18 | outgoing friendly enjoyed<br>company of people   | 0                                 | 1      | 2               | 3              | 4            |
| 19 | sloppy disorganized  | 0                                 | 1      | 2               | 3              | 4            |
| 20 | moody ups and downs  | 0                                 | 1      | 2               | 3              | 4            |
| 21 | angry  | 0                                 | 1      | 2               | 3              | 4            |
| 22 | friends popular  | 0                                 | 1      | 2               | 3              | 4            |
| 23 | well-organized tidy neat   | 0                                 | 1      | 2               | 3              | 4            |
| 24 | acting without thinking<br>impulsive   | 0                                 | 1      | 2               | 3              | 4            |
| 25 | tendency to be immature  | 0                                 | 1      | 2               | 3              | 4            |
| 26 | guilty feelings regretful  | 0                                 | 1      | 2               | 3              | 4            |
| 27 | losing control of myself   | 0                                 | 1      | 2               | 3              | 4            |
| 28 | tendency to be or act<br>irrational  | 0                                 | 1      | 2               | 3              | 4            |
| 29 | unpopular with other<br>children didn't keep friends<br>for long didn't get along with<br>other children | 0                                 | 1      | 2               | 3              | 4            |
| 30 | poorly coordinated did not<br>participate in sports  | 0                                 | 1      | 2               | 3              | 4            |
| 31 | afraid of losing control of self   | 0                                 | 1      | 2               | 3              | 4            |
| 32 | well-coordinated picked first<br>in games  | 0                                 | 1      | 2               | 3              | 4            |
| 33 | tomboyish (for women only)   | 0                                 | 1      | 2               | 3              | 4            |
| 34 | running away from home   | 0                                 | 1      | 2               | 3              | 4            |
| 35 | getting into fights  | 0                                 | 1      | 2               | 3              | 4            |
| 36 | teasing other children   | 0                                 | 1      | 2               | 3              | 4            |
| 37 | leader bossy   | 0                                 | 1      | 2               | 3              | 4            |
| 38 | difficulty getting awake   | 0                                 | 1      | 2               | 3              | 4            |
| 39 | follower led around too<br>much  | 0                                 | 1      | 2               | 3              | 4            |
| 40 | trouble seeing things from<br>someone else's point of view   | 0                                 | 1      | 2               | 3              | 4            |
| 41 | trouble with authorities<br>trouble with school visits to<br>principal's office                          | 0                                 | 1      | 2               | 3              | 4            |
| 42 | trouble with police booked<br>convicted  | 0                                 | 1      | 2               | 3              | 4            |

|    | <b>Medical problems as a child</b>                        | not at all or very slightly | mildly | moderately | quite a bit | very much |
|----|---|-----------------------------|--------|------------|-------------|-----------|
| 43 | headaches   | 0                           | 1      | 2          | 3           | 4         |
| 44 | stomachaches  | 0                           | 1      | 2          | 3           | 4         |
| 45 | constipation  | 0                           | 1      | 2          | 3           | 4         |
| 46 | diarrhea  | 0                           | 1      | 2          | 3           | 4         |
| 47 | food allergies  | 0                           | 1      | 2          | 3           | 4         |
| 48 | other allergies   | 0                           | 1      | 2          | 3           | 4         |
| 49 | bedwetting  | 0                           | 1      | 2          | 3           | 4         |
|    | <b>As a child in school I was (or had)</b>                | not at all or very slightly | mildly | moderately | quite a bit | very much |
| 50 | overall a good student fast                               | 0                           | 1      | 2          | 3           | 4         |
| 51 | overall a poor student slow learner                       | 0                           | 1      | 2          | 3           | 4         |
| 52 | slow in learning to read                                  | 0                           | 1      | 2          | 3           | 4         |
| 53 | slow reader   | 0                           | 1      | 2          | 3           | 4         |
| 54 | trouble reversing letters                                 | 0                           | 1      | 2          | 3           | 4         |
| 55 | problems with spelling                                    | 0                           | 1      | 2          | 3           | 4         |
| 56 | trouble with mathematics or numbers                       | 0                           | 1      | 2          | 3           | 4         |
| 57 | bad handwriting   | 0                           | 1      | 2          | 3           | 4         |
| 58 | able to read pretty well but never really enjoyed reading | 0                           | 1      | 2          | 3           | 4         |
| 59 | not achieving up to potential                             | 0                           | 1      | 2          | 3           | 4         |
| 60 | repeating grades  | 0                           | 1      | 2          | 3           | 4         |
| 61 | suspended or expelled                                     | 0                           | 1      | 2          | 3           | 4         |

ADD rating scale subscore = \_\_\_\_\_(sum of 25 questions associated with ADHD)